



# Huffman K9 Obedience, LLC

⊕ Detection ⊕ Tracking ⊕ Protection ⊕ Obedience

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## Huffman K9 Train the Trainer Program

### Implementation of controlled stress during canine training

- **Dates:**
  - September 15th - 17th 2023
- **Duration:** 3Days (24 hours)
- **Cost:**
  - \$385 per Dog/Handler team attending the course (10 spots max)
- **Location:** Huffman K9 Obedience, Canby OR
- **Max Attendance:** 10 dog/handler teams and 10 Audit Spots
- **Prerequisites:** NA
- **Contact:** Jensen Huffman / Owner and Instructor / 503.849.8781 / Jensen@huffmank9.com

“We give them the toolbox, they’ll decide what to use.” – [grayscale ]

**Curriculum:** Huffman K9’s 3-day Implementation of stress and stress ecology seminar is a comprehensive training course focused on the safe, effective and productive use of controlled stress during canine training exercises.

The course will begin with a discussion about stress ecology. Stress ecology is the science of how stress influences adaptation in organisms. Students will learn how stress can be used to build better health, better stress resilience, better confidence, gain trust in others, accelerate encoding of information, improve the robustness of memories and increase performance under heavy stress loads. For working dogs, implementation of stress into training will help to create more methodical and deliberate thought processes when under stress in real world environments. Stress also helps working dogs cope with defensive drive and increase their resilience to environmental, emotional and physical pressures. We will examine how controlled and managed stress will assist in overcoming previous traumas and various methods of creating controlled stress and utilizing stress in creative ways to develop canine and handler teams.



The discussion will continue into working with the canines who attend the course with their handler. The class will learn different techniques to create stress and how to help the canine and handler team be successful. We will discuss how each technique creates stress and how each technique assists the team as they develop communication, trust, confidence, accelerate learning and increase the robustness of the memories created. We will discuss how stress based training, when used appropriately can create better neutrality around previous stressors.



Stress is a critical and very beneficial part of our lives, but too much stress or stress that takes place over too long of a period can be very detrimental. Appropriate and strategic implementation of stressors is critical to success.

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#### **Equipment:**

- You will need a 6-foot leash leather or nylon. (Double end clasps are highly recommended)
- 30 ft Leash
- Prong and a flat buckle 1 ½ inches or wider.
- Ecollar (if used as your standard equipment)
- Dog harnesses are optional but highly recommended.
- Footwear will need to have good traction (i.e. hiking boots, military footwear, cleats, etc.). Slick shoes or sandals are prohibited due to safety issues.
- A stainless steel or a collapsible dog bowl.
- Non-electronic note taking materials (phones are not permitted)
- Food / Treats / Kong / Tug / Reward Toy (if used as standard equipment)
- Crate / Kennel / Auto - Dog storage when not working

Please let the instructors know prior to the class so that it can be issued to you.

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**Lodging:** Instructors will recommend places for students to get reasonable rates with larger breed dogs accompanying them prior to class. Please request a list if necessary.

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**Registration & Payment:** All courses require pre-payment at time of registration. All courses have a limited number of students and courses are filled on a first-paid,

first-trained basis. Huffman K9 will refund 100% of your payment if the course is canceled by our teachers; otherwise your payment is non-refundable.

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### **Class Ground Rules**

- 1) Dogs will be secured on a lead at all times, unless told otherwise by an instructor.
  - 2) At no time will dogs interact, play and or touch one another.
  - 3) Dogs will not drink from the same water bowl.
  - 4) Dogs will be fed a minimum of two hours before training starts and two hours after training in the evening. This helps to prevent the development of Gastric Dilatation and Volvulus Syndrome (GDV aka Bloat).
  - 5) There will be a designated area to break dogs. Dogs will be broke prior to each training event. Please bring poop bags and clean up after your dog. There will be a specified trash bin for poop bags.
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### **Contingency / Emergencies:**

There will be a cooler on the property; if we have a warm day it will be packed with ice sheets in case of a dog or handlers overheating. A medical coverage truck will be staged and prepared with a med-kit and a route to the nearest ER and 24-hour emergency vet clinic.

Primary driver will be *Jensen Huffman*.

Primary medic will be determined the morning of training.

Included in your training packet will be a printed out route to the nearest 24 vet and Emergency room. If you have a preference you may print your own and use that clinic.

If you have any further questions regarding the company and our services please do not hesitate to contact me.



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